



Lake Forest College Health and Wellness Center Tuberculosis Testing Record

Name: _____

Date of Birth: _____ Phone: _____

Do you have a history of tuberculosis or a positive TB skin test or IGRA blood test? Yes No

If yes, have you ever taken any TB medication for prevention or for treatment of TB? Yes No

Have you ever received the BCG vaccination? Yes No

Have you ever had close contact with someone known or suspected to have TB? Yes No

Do you have any illness or are you currently taking any medication that suppresses your immune system such as chemotherapy or steroids? Yes No

Tuberculin Skin Test (TST)

Date Administered: _____ Arm: Right Left Administrator Name: _____

Manufacturer: _____ Lot #: _____ Expiration: _____

Results (recorded in millimeters of induration, transverse diameter)

Date read: _____ Result: _____ mm. of induration * Interpretation: positive _____ negative _____

Tuberculin Skin Test (TST)

Date Administered: _____ Arm: Right Left Administrator Name: _____

Manufacturer: _____ Lot #: _____ Expiration: _____

Results (recorded in millimeters of induration, transverse diameter)

Date read: _____ Result: _____ mm. of induration * Interpretation: positive _____ negative _____

* Interpretation guidelines:

>5 mm is positive:

- Recent close contacts of an individual with infectious TB
- Persons with fibrotic changes on a prior chest x-ray, consistent with past TB disease
- Organ transplant recipients and other immunosuppressed persons (including receiving equivalent of > 15 mg/d of prednisone for > 1 month)
- HIV-infected persons

>10 mm is positive:

- Recent arrivals to the U.S. (<5 years) from high prevalence areas or who resided in one for a significant amount of time
- Injection drug users
- Mycobacteriology laboratory personnel
- Residents, employees, or volunteers in high-risk congregate settings
- Persons with medical conditions that increase the risk of progression to TB disease including silicosis, diabetes mellitus, chronic renal failure, certain types of cancer (leukemias and lymphomas, cancers of the head, neck, or lung), gastrectomy or jejunio-ileal bypass and weight loss of at least 10% below ideal body weight.

>15 mm is positive:

- Persons with no known risk factors for TB who, except for certain testing programs required by law or regulation, would otherwise not be tested.
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Interferon Gamma Release Assay (IGRA)

Date Obtained: _____ Specify method: QFT-GIT T-Spot other _____

Result: negative ___ positive ___ indeterminate ___ borderline ___ (T-Spot only)

Date Obtained: _____ Specify method: QFT-GIT T-Spot other _____

Result: negative ___ positive ___ indeterminate ___ borderline ___ (T-Spot only)

Management of Positive TST or IGRA:

TB Symptom Check

Does the student have signs or symptoms of active pulmonary tuberculosis disease? Yes No

If No, proceed to chest x-ray and recommendation for treatment

If yes, check below:

- | | |
|---|--|
| <input type="checkbox"/> Cough (especially if lasting for 3 weeks or longer)
with or without sputum production | <input type="checkbox"/> Loss of appetite |
| <input type="checkbox"/> Coughing up blood (hemoptysis) | <input type="checkbox"/> Unexplained weight loss |
| <input type="checkbox"/> Chest pain | <input type="checkbox"/> Night sweats |
| | <input type="checkbox"/> Fever |

Chest x-ray (required if TST or IGRA is positive)

Date of chest x-ray: _____ Result: normal ___ abnormal ___

All students with a positive TST or IGRA with no signs of active disease on chest x-ray should receive a recommendation to be treated for latent TB with appropriate medication. However, students in the following groups are at increased risk of progression from LTBI to TB disease and should be prioritized to begin treatment as soon as possible.

- Infected with HIV
- Recently infected with M. tuberculosis (within the past 2 years)
- History of untreated or inadequately treated TB disease, including persons with fibrotic changes on chest radiograph consistent with prior TB disease
- Receiving immunosuppressive therapy such as tumor necrosis factor-alpha (TNF) antagonists, systemic corticosteroids equivalent to/greater than 15 mg of prednisone per day, or immunosuppressive drug therapy following organ transplantation
- Diagnosed with silicosis, diabetes mellitus, chronic renal failure, leukemia, or cancer of the head, neck, or lung
- Have had a gastrectomy or jejunio-ileal bypass
- Weigh less than 90% of their ideal body weight
- Cigarette smokers and persons who abuse drugs and/or alcohol

_____ Student agrees to receive treatment

_____ Student declines treatment at this time

Health Care Professional Signature

Date