

## Basic Benefits Offered

- Self-funded Medical plans: PPO Choice, Core PPO Network, and HDHP
- Self-funded Prescription Benefits
- Voluntary Dental Benefits plans: PPO and HMO
- Vision Benefits provided by VSP (Vision)
- Employee Assistance Program provided by Perspectives
- Flexible Spending Accounts (FSA)
- Health Savings Account (HSA)
- Life and AD&D
- Long Term Disability
- 403(b) Retirement Plans: Defined Contribution after 2 years of service and age 21); Voluntary Supplemental plans also available
- Educational Assistance for Employees and/or their dependents (Education Tuition Assistance)
  - <https://foresternet.lakeforest.edu/live/files/educational-benefit-overviewdocx.docx>

## Additional Benefits

- RTA Transit Benefit Program
  - [rta-welcome-letter-and-ordering-instructionspdf.pdf \(lakeforest.edu\)](#)
- 10% discount on most items at the College Book Store
- Faculty/Staff Meal Plans (\$5 per meal in the Caf)
  - Plans can be purchased directly from Parkhurst in increments of 10 meals
- Access to LifeMart discounts through ADP
  - Log into ADP MYSELF- Benefits- Employee Discounts-LifeMart
- Discounted Car Rentals through AVIS
  - <https://foresternet.lakeforest.edu/live/files/avis.pdf>
- Discounted Hotel Rates
  - <https://foresternet.lakeforest.edu/live/files/hotel-discounted-rates.docx>
- Travel Assistance Program and Worldwide Travel Assistance
  - [worldwide-travel-assistancepdf.pdf \(lakeforest.edu\)](#)
  - [Travel Assistance Program](#)